

POSITION DESCRIPTION

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Our Organization is committed to the principles of Te Tiriti o Waitangi |Treaty of Waitangi and the objectives of all New Zealand Health and Disability strategies. This commitment prioritises meaningful engagement with Tangata Whenua at strategic and operational service levels and recognises that all staff have a responsibility to help eliminate disparities in health outcomes between Māori and non-Māori.

Position Title:	Mental Health Professional - CAMHS	
Reports to:	Clinical Nurse Manager – Child & Adolescent Mental Health Service	
Key Relationships:	Internal: <ul style="list-style-type: none"> • Other CAMHS staff members • Adult Mental Health Services • Psychiatric Emergency Service (TACT) • Youth Inpatient Unit (Waitaha Canterbury) • Inpatient Mental Health Unit 	External: <ul style="list-style-type: none"> • Client & Family/Whanau • Youth Justice Social Worker • Youth Aide Officers – NZ Police • Corrections • Courts • General Practitioners • Schools • Oranga Tamariki • Non-Government Organisations – NGO's • Special Education Services
Role Purpose:	<p>The 'Mental Health Professional' is responsible for providing high quality, accessible and timely assessment and treatment to infants, children, adolescents and their family/whanau with a moderate to severe mental health problem.</p> <p>The key deliverables are –</p> <ul style="list-style-type: none"> • To provide evidence based / best practice mental health treatment to referred clients. • To provide consultation and advice to external agencies, including Oranga Tamariki, SES and attendance at relevant Family Group Conferences regarding mental status, AOD status, risk assessment and treatment recommendations. • To provide advice and education for external agencies about the needs of children and youth with mental health and/or AOD problems and regarding statutory requirements in relation • Access referral pathways into mental health and addiction services as appropriate • To contribute to the continued development of the provision of mental health service for children and youth within CAMHS • To attend and contribute to Multi-disciplinary team meetings 	

KEY ACCOUNTABILITIES:

Objective:	Activities	Measurement
1. The practitioner will actively involve and support the client and their family / whanau, working in	1.1 Demonstrate an understanding of developmental framework	<ul style="list-style-type: none"> • Assessment documentation • Clinical notes • Treatment plans

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<p>partnership in all aspects of their contact with the service as appropriate</p>	<p>in engaging with the client and their family / whanau</p> <p>1.2 Establish positive relationship with the client</p> <p>1.3 Demonstrate skills in culturally appropriate engagement with the client and family / whanau</p>	<ul style="list-style-type: none"> • Clinical notes • Outcomes • Documentation • Maori Mental Health involvement • Client feedback
<p>2. The practitioner will be able to complete a multidimensional comprehensive assessment of the infant, child, young person and their family / whanau.</p>	<p>2.1 Complete a developmentally appropriate comprehensive assessment inclusive of case formulation and mental status examination</p>	<ul style="list-style-type: none"> • Assessment documentation
<p>3. The practitioner will be able to provide a range of best practice / evidence – informed and culturally appropriate interventions.</p>	<p>3.1 Current knowledge of psychological therapies / interventions for infants, children and adolescents according to best practice models will be used in assessment and treatment.</p> <p>3.2 Development of treatment plans in collaboration with clients and their family / whanau and discussed with the Multi-disciplinary team (MDT)</p> <p>3.3 Ongoing monitoring and evaluation of treatment</p> <p>3.4 Work in partnership with other sectors</p> <p>3.5 Client's progress is communicated to MDT</p>	<ul style="list-style-type: none"> • Assessment documentation • Clinical notes • Clinical Audit • Client Reviews • Clinical notes • Client Reviews • Clinical notes • Client Reviews • Clinical Audit • Clinical Notes • Client Reviews • MDT minutes
<p>4. The practitioner will be able to work in partnership with client and family / whanau to measure the effectiveness of their contact with CAMHS</p>	<p>4.1 Demonstrate an understanding of outcomes measures</p>	<ul style="list-style-type: none"> • Clinical notes / psychometric assessments

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<p>5. The practitioner will provide a client focused service in line with Te Whatu Ora, Te Tai o Poutini West Coast Policy and Procedures and Health and Disability Services Standards (2008)</p>	<p>5.1 All clients and their family / whanau will be fully involved and informed of treatment information / options and give informed consent</p> <p>5.2 All Clients right to privacy and confidentiality is respected within the bounds of safety.</p> <p>5.3 Clients will be seen in an appropriate venue taking into consideration age, transportation etc</p>	<ul style="list-style-type: none"> • Registration & Consent form • Clinical notes • Clinical Audit • Consultation with senior staff • Clinical notes • MDT minutes • Clinical Audit • Clinical notes
<p>6. The practitioner will participate in clinical review meetings concerning the management of clients and represent the needs of clients to other team members.</p>	<p>6.1 Attendance and participation in MDT and clinical team meetings</p> <p>6.2 Contributes case assessments and reviews in a timely manner (according to P&P)</p> <p>6.3 Reports all client concerns and client non attendance at the clinical team meetings</p>	<ul style="list-style-type: none"> • MDT minutes • MDT minutes • Clinical notes • MDT minutes • Morning meeting minutes
<p>7. The practitioner will work collaboratively with other health professionals and / or agencies to provide seamless and cohesive service for clients and their families</p>	<p>7.1 Liaison with other agencies</p> <p>7.2 Co-working with other professionals</p> <p>7.3 Referral to other agencies if appropriate for client or family and in consultation with client, family / whanau</p>	<ul style="list-style-type: none"> • Clinical notes • Strengthening Families minutes • Clinical Notes • Clinical Notes
<p>8. The practitioner will ensure all clients Care and Protection concerns are identified and notified in accordance with Te Whatu</p>	<p>8.1 At assessment all clients are screened for abuse including: physical, sexual, neglect and emotional</p>	<ul style="list-style-type: none"> • Assessment documentation

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<p>Ora, Te Tai o Poutini West Coast Policy and Procedures</p>	<p>8.2 All disclosed abuse is appropriately documented and notified in accordance with Te Whatu Ora, Te Tai o Poutini West Coast P&P</p>	<ul style="list-style-type: none"> • Consultation with senior staff • Clinical notes • Oranga Tamariki notification documentation • Evidence of family involvement if appropriate
<p>9. The practitioner will participate in ongoing professional development, clinical supervision, and appraisal</p>	<p>9.1 Attends all Te Whatu Ora, Te Tai o Poutini West Coast mandatory training sessions</p> <p>9.2 Attends CAMHS in-service education and delivers education sessions as requested</p> <p>9.3 Participates in clinical supervision</p> <p>9.4 Professional objectives set and agreed to with CAMHS Manager supported by Supervisor</p> <p>9.5 Review of appraisal objects annually with CAMHS manager supported by Supervisor</p> <p>9.6 Plan developed for addressing identified learning and performance needs</p>	<ul style="list-style-type: none"> • Te Whatu Ora, Te Tai o Poutini West Coast mandatory training attendance register • CAMHS In-service education attendance record • Supervision contract • Supervision attendance record • Appraisal form • Appraisal form • Appraisal form • Weekly line management meetings
<p>10. The practitioner will maintain safe, ethical and legal practice</p>	<p>10.1 Maintain a professional appearance at all times</p> <p>10.2 Work in accordance with Te Whatu Ora, Te Tai o Poutini West Coast Policy and procedures</p> <p>10.3 A good working knowledge of all the relevant legislative acts e.g. – Privacy,</p>	<ul style="list-style-type: none"> • Compliance with Te Whatu Ora, Te Tai o Poutini West Coast dress code • Signature on Policy and Procedure “sign off” in manual • Ability to access necessary and appropriate information • Attendance at Te Whatu Ora, Te Tai o Poutini West Coast mandatory training / attendance register • Familiar with and able to verbalise knowledge

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	<p>Occupational Safety And Health, Code of Health and Disability, Child, Young Persons and their Families Act, Mental Health Act etc</p> <p>10.4 Clients right to privacy and confidentiality is respected within the bounds of safety and consultation with senior staff</p>	<ul style="list-style-type: none"> Practice Clinical notes Mandatory Training attendance register Registration and consent forms Clinical notes Morning meeting minutes MDT minutes
<p>11. The practitioner will maintain culturally safe practice</p>	<p>11.1 Knowledge and understanding of the Treaty of Waitangi and incorporation of its principles into practice</p> <p>11.2 Clients religious, cultural and social needs and values are respected</p>	<ul style="list-style-type: none"> Attendance at the Treaty of Waitangi training Attendance at other cultural training Demonstrated practice with Māori clients Consultation with Maori Mental Health Team Consultation with other culturally appropriate services Clinical notes Clinical Audit MDT minutes
<p>12. The practitioner will promote community awareness of CAMHS</p>	<p>12.1 Participate in educational and promotional activities that inform the community and support services about CAMHS and mental illness</p>	<ul style="list-style-type: none"> Attendance at promotional sessions
<p>13. Health and Safety: Maintaining a high quality, safe and secure work environment by following relevant Te Whatu Ora, Te Tai o Poutini West Coast and divisional policies, protocols and standards.</p>	<p>13.1 Be responsible for own safety. Ensure no action or inaction on their part will cause harm</p> <p>13.2 Abide by Te Whatu Ora, Te Tai o Poutini West Coast Health and Safety plan</p>	<ul style="list-style-type: none"> Incident forms Beims requests Mandatory training records Completion of forms
<p>14. Quality: Ensure a quality service is provided in your area of expertise by taking an active role in quality activities, identifying areas of improvement.</p>	<p>14.1 To participate in quality activities</p>	<ul style="list-style-type: none"> Quality projects

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PERSON SPECIFICATION:

Qualifications & Experience	
Essential <ul style="list-style-type: none">• Qualification may be in social work, psychology, occupational therapy, nursing or similar, supported by appropriate registration and current certification.• Extensive experience in delivering mental health services to children, youth and their families.• Proven ability to assess, plan, implement and evaluate client treatment strategies.• The ability to use a range of recognised treatment modalities, e.g. cognitive/behavioural techniques, Family therapy Models, etc.• Be culturally sensitive, with an understanding of the Principles and Articles of the Treaty of Waitangi.• A current drivers license• Able to maintain confidentiality and use discretion.• Able to work unsupervised and prioritise workloads.• Possess ability to work cooperatively and efficiently.• Possess a high level of initiative.• Be able to work as part of a team• Accountability.• Have well-developed interpersonal skills including the ability to be comfortable with people of all social standards, cultures and abilities.	Desirable <ul style="list-style-type: none">• An extensive knowledge of community resources.• Experience of working with young people with AOD issues

The intent of this position description is to provide a representative summary of the major duties and responsibilities performed in this job classification. Employees may be requested to perform job related tasks other than those specified.

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*Signed on behalf of Te Whatu Ora
Te Tai o Poutini West Coast*

Date _____

Name _____

Position _____

*I accept the terms and conditions as
outlined in this Position Description*

Date _____

Name _____

Mental Health Professional CAMHS